Blessing for a Knee Replacement Surgery Rev. Jennifer "Jo" VonRue

Spirit of life and love, of bodies, of pain and of joy.

We come to you in thanks for the strong, healthy body that I have been blessed with for so much of my life. The day has come when I must say goodbye to one of the most important working members of this body. For many years, my knee has carried me through sports, and wild childhood play, it has allowed me to mount horses for adventures, dance the night away, and live to my fullest imagination. Over the years there have been a few accidents that left my body struggling to regain an active lifestyle, and over these past months as my knee has been getting worse I have been left feeling as if my body has betrayed me. Spirit of life may this surgery go well as I say goodbye to the original knee that carried me through so much joy but also pain at times, and welcome a new knee that will allow my body to feel like me again. Please bless the hands of my nurses and doctors, may they be caring, patient, and tender during our surgical journey together. Help me to remember that with pain comes healing and life. We lift up this prayer to the spirit of healing and compassion which now surrounds us all.

Amen